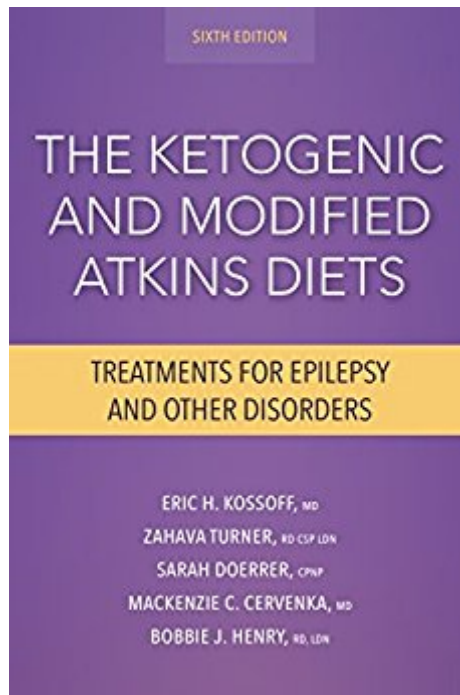


The book was found

The Ketogenic And Modified Atkins Diets: Treatments For Epilepsy And Other Disorders



Synopsis

Now in its sixth edition, *The Ketogenic and Modified Atkins Diets* is the established, authoritative book on these groundbreaking epilepsy treatments. Written for parents, patients, dietitians, and neurologists, this book is an invaluable resource for anyone considering or starting a ketogenic diet for epilepsy or another neurologic disorder. Written by doctors, dietitians, and a pediatric nurse practitioner from the Johns Hopkins Hospital's Ketogenic Diet Center, along with several other experts in the field, this book's patient-centered content contains answers to almost any question related to the ketogenic and modified Atkins diets, for children and adults. Chapters cover implementation, recipes, fine-tuning the diets, connecting with support groups, the latest research on the effectiveness of the diets, and much more. The sixth edition has been thoroughly revised and updated to reflect current advances and applications. Two entirely new sections are devoted to the use of ketogenic diets for epilepsy in adults, and diets that can help alleviate the symptoms of other conditions such as cancer, dementia, autism, and migraines. Coverage of the modified Atkins diet is significantly expanded to reflect the growing popularity of this less restrictive diet. Neatly organized into nine sections, this essential book will help you:

- Understand how the ketogenic and modified Atkins diets work
- Prepare for the lifestyle changes involved in following these diets
- Start, maintain, fine-tune, and eventually stop the diet
- Develop tasty and healthy ketogenic meals
- Connect with local and worldwide resources for epilepsy-related issues
- Understand the latest research about the diet for use in kids and adults
- Navigate the "non-keto" world (schools, family, friends) with confidence

It will end up being the most well-read book you own and every keto home should have one. My copy went everywhere with me when Matthew was on the diet and I can't recommend it highly enough.

—Emma Williams, CEO/Founder, Matthew's Friends Charity, Dietary Treatments for Epilepsy, GLOBAL; Director, Matthew's Friends Clinics Ltd. for Ketogenic Dietary Therapies

If we had had the information in this book fifteen months earlier, a vast majority of Charlie's \$100,000 of medical, surgical, and drug treatment would not have been necessary, a vast majority of Charlie's seizures would not have occurred.

—From the Foreword by Jim Abrahams, Director, The Charlie Foundation to Help Cure Pediatric Epilepsy

Book Information

File Size: 6908 KB

Print Length: 224 pages

Publisher: Demos Health; 6 edition (March 21, 2016)

Publication Date: March 21, 2016

Sold by:Â Digital Services LLC

Language: English

ASIN: B01CGVGZNQ

Text-to-Speech: Enabled

X-Ray: Not Enabled

Word Wise: Enabled

Lending: Not Enabled

Enhanced Typesetting: Not Enabled

Best Sellers Rank: #270,462 Paid in Kindle Store (See Top 100 Paid in Kindle Store) #12

inÂ Books > Health, Fitness & Dieting > Children's Health > Epilepsy #32 inÂ Kindle Store > Kindle eBooks > Health, Fitness & Dieting > Diets & Weight Loss > Diets > Atkins Diet #55 inÂ Books > Health, Fitness & Dieting > Diseases & Physical Ailments > Epilepsy

Customer Reviews

More information about the modified Atkins diet for adults, a lot of tips for families who are following this diet! Loved it!

I bought this to learn a little more about the ketogenic diet that my 9 month son with intractable epilepsy is starting. The diet itself is wonderful. We've seen a huge decrease in seizure activity. The book is more for families who are having to cook meals for a child. My son is getting formula through his Gtube so more than half of the book doesn't really apply to us. The other information is good, so the book was worth it, but it wasn't quite as informative as I was hoping. That said, I'd done a lot of research online previously so most of the information I'd already come across, but if you were completely new to this, then you might be more impressed.

[Download to continue reading...](#)

The Ketogenic and Modified Atkins Diets: Treatments for Epilepsy and Other Disorders Ketogenic Diet: 13 Common Ketogenic Diet Mistakes You Need to Avoid (ketogenic diet, ketogenic diet for beginners, ketogenic cookbook, ketogenic diet recipes, ketogenic diet mistakes,ketogenic plan) KETOGENIC DIET: KETOGENIC DIET FOR BEGINNERS: KETOGENIC COOKBOOK: 450 Best Ketogenic Diet Recipes (keto, keto clarity, ketosis, ketogenic desserts, ketogenic ... diet plan, ketogenic diet for weight loss) Atkins Diet for Beginners: The Atkins Diet Quickstart Guide to Rapid Weight Loss with 24 Quick and Easy Low Carb Atkins Recipes (Low Carb Diet, Atkins Diet for Beginners, Atkins Diet Cookbook) Ketogenic Diet: Ketogenic Weight Loss Diet, Avoid Mistakes &

Live Healthier (Ketogenic Diet, Ketogenic Weight Loss, Ketogenic Recipes, Ketogenic Diet Plan)
Ketogenic Diet: Ketogenic Diet Weight Loss Made Super Simple (Ketogenic Diet, Ketogenic
cookbook, Ketogenic food, Ketogenic diet cookbook) (Volume 1) Atkins: Atkins Diet: The Complete
Atkins Diet Guide And Low Carb Recipe Plan For Permanent Weight Loss And Optimum Health (36
Delicious, Quick And Easy, Low Carb Recipes for Every Meal) ATKINS: Atkins Diet Disaster: Avoid
The Most Common Mistakes - Includes Secrets for RAPID WEIGHT LOSS with the Low Carb Atkins
Diet (Atkins diet, Atkins ... diet, Paleo diet, Anti inflammatory diet) Atkins Diet: 50 Low Carb Recipes
for the Atkins Diet Weight Loss Plan (Atkins Diet Books, Atkins Diet Recipes, Weight Loss
Cookbook, Weight Loss Diet, Diet Cookbooks, Atkins Diet Cookbook) Atkins diet for rapid weight
loss - Lose 5 lbs in Just 1 Week: atkins diet cookbook, atkins diet for rapid weight loss, atkins diet
for beginners, atkins vegetarian Ketogenic Diet: Ketogenic Salad Recipes: Top 35 Insanely Good
Ketogenic Diet Recipes For Easy Weight Loss (Ketogenic Diet, Ketogenic Diet For Beginners)
Ketosis: Ketogenic Diet Weight Loss Made Super Simple (Ketogenic Diet, Ketogenic cookbook,
Ketogenic food, Ketogenic diet cookbook) (Volume 1) Ketogenic Diet: Ketogenic Diet For Beginners
Guide, Fast weight Loss Tips, Ketogenic Recipes and Mistakes to Avoid ((FREE BONUS
INSIDE), Low carb diet, ... muscle, epilepsy, healthy eating & living) Ketogenic Diet: 21-Day Healthy
Ketogenic Meal Plan To Get Lean And Lose Weight Fast As Hell- Tips For Low-Carb Ketogenic Diet
(Beginners Weight Loss Food Cookbook, Parents Guide, Epilepsy Manual) Ketogenic Diet:
Ketogenic Diet Weight Loss Mistakes to Avoid: Step by Step Strategies to Lose Weight and Feel
Amazing (Ketogenic Diet, Ketogenic Diet Beginners Guide, Low Carb diet, Paleo diet) Amino Acids:
The Way to Health and Wellness: Find Health and Healing from Depression, Addictions, Obesity,
Anxiety, Sexual Issues, and Fill Nutritional Needs of Vegetarian and Vegan Diets Genetically
Modified Foods : Banned By Other Countries but is a main staple of our diet! (Genetically modified
organisms, Gmo, Food that ruin your life, ... Foods, organic food, Food addiction Book 1) Atkins
Diet: Lose Weight and Feel Great, Contains Tips and Recipes: Diets, Nutrition, Recipes, Cooking,
food, health Atkins Diet Rapid Weight Loss: Atkins Diet Guide for Beginners - Lose Up To 30
Pounds in 30 Days (Atkins Diet Books, Atkins Diet Recipes, Diet Cookbook, ... Rapid Weight Loss,
Low Carb, Weight Loss)) Sweet and Savory Fat Bombs: 100 Delicious Treats for Fat Fasts,
Ketogenic, Paleo, and Low-Carb Diets

[Dmca](#)